

## PREFERRED PROVIDER ORGANISATION (P.P.O.)

### Pharmacies

#### North

Express Drugs Limited	102 Western Main Rd. St. James	628-1527 / 622-7942
St. James Pharmacy	11 Western Main Rd St. James	622-0321
Young's Pharma-Serv Limited	26 Saddle Rd Maraval, Port of Spain	622-6478
A & L Pharmacy	1 David Ben Gurion Avenue Morne Coco Rd., Petit Valley	637-4868
Bhagan's Drug Store	10 Broadway, Port of Spain	627-5541
Disdrugs Limited	68 Independence Square	625-6145

#### East

Kadmin's Pharmacy Limited	76 Eastern Main Rd San Juan	674-2577
St. Joseph Pharmacy	43 Eastern Main Rd St. Joseph	663-3663
Medicare Drugs Limited	Cor. El Dorado Rd Eastern Main Rd., Tunapuna	663-6061
Midtown Pharmacy Limited	69 Eastern Main Road Tunapuna	645-5763/6207
ADC Pharmacy	No. 25 Hollis Avenue Arima	664-3850/3519
Hometown Pharmacy	15A Queen St., Arima	667-2000
Express Drugs Limited	62 Aranguez Main Rd. Aranguez	675-5978
Bhagan's Drug Store	48C Broadway, Arima	667-3295 / 667-1791
Bhagan's Drug Store	Ridgewood Plaza, Arima	667-1791

Med Farm Drugs Limited	Cor. O'Meara Road & O'Connor Drive Xtra Food Compound Arima	646-5858
Pharmax Pharmacy	3 Foster Road Eastern Main Road Sangre Grande	668-7348
Bonanza Drugs Ltd.	49 Eastern Main Road Petit Bourg San Juan	674-1465
Vita Drugs Limited	El Socorro Mini Plaza, Mohammedville & El Socorro Rd. San Juan	674-9435
S.A.P.H Limited (Pharmacy)	4 Austin Street St. Augustine	663-7274
Med Farm Drugs Limited	49 Corner E.M.R. & Cane Farm Rd Tacarigua	640-0004

## Central

Montrose Pharmacy	Main Road Montrose Junction Chaguanas	665-4656
Medicine Center, The	Mid Centre Mall, Chaguanas	671-1893
Bhagwat's Pharmacy	30 Main Road Chaguanas	671-3311
Specialist Pharmacy	LP No. 53 St. Mary's Junction Freeport	672-5108
Bhagan's Drugs (Price Plaza)	Endeavour Road, Chaguanas	671-7286
Central Drugs Limited	37 Southern Main Rd., California	636-9965
Carol's Pharmacy	189 Southern Main Road Couva	636-4801
Charlieville Community Pharmacy	131 Caroni Savannah Rd., Charlieville, Chaguanas	672-5948

## South

Valini's Drug Mart Limited	58-60 Sutton St., San Fernando	657-6444 / 657-1053
Parkway Pharmacy	235 St. Charles Village Princes Town	655-0220 / 655-0917
Parkway Pharmacy	91 S.S. Erin Road Palmiste, San Fernando	657-3231 / 653-4665
SRS Drugs	192 Pointe A Pierre Road Vistabella	653-7777
Lisa's Pharmacy	54 Bamboo Bay Road Gulf View	697-3096
Ralph's Pharmacy	13 Penal Rock Road Penal	647-7075
Umraw's Pharmacy	6 Clarke Road Junction Penal	647-4464
C & M Pharmacy	Guapo Cap de Ville Rd. Point Fortin	648-4478
Seeta Pharmacy	29 De Gannes Lane Siparia	649-0122
Lisa's Drug Mart	17 A High Street Siparia	649-2176
Shireen's Pharmacy	Cipero Street San Fernando	652-7103
Lisa's Pharmacy	109 Guapo Road Fyzabad	677-3903
Surgi-Med Pharmacy	Cor. Chacon & Penitence Sts. San Fernando.	652-4958
Ramkoon's Pharmacy	Mayaro Junction Mayaro.	630-3784
Southern Drug Mart	1066 S.S. Erin Main Road Debe	647-7139

## TOBAGO

Bhagan's Drugs Tobago Ltd

Gulf City Boulevard  
Low Land  
Tobago

660-8431

## Hospitals

Name	Address	Phone Number
St. Augustine Private Hospital	- 4 Austin Street, <b>St. Augustine</b>	663-7274 662-5555/ 7777/8888
Medical Associates Limited	- Cor. Albert & Abercromby Sts <b>St. Joseph</b>	662-2766
St. Clair Medical Centre	- 18 Elizabeth St, <b>Port of Spain</b>	628-1451/2 628-8615
Cross Crossing Medical	- Oliver Ave., Cross-Crossing <b>San Fernando</b>	652-4411
Southern Specialist Clinic	-26 Quenca Street <b>San Fernando</b>	652-2870
Gulf View Medical Centre	-715-716 M Connie Street Gulf View, La Romain <b>San Fernando</b>	652-7102
The Surgi-Med Clinic	-Cor. Penitence & Chacon Streets <b>San Fernando</b>	652-4958/0383/2197
Victoria Nursing Home Limited	- 9-13 Archibald Street <b>Vistabella.</b>	652-3677 652-3153
WestShore Medical Limited	-239 Western Main Road <b>Cocorite</b>	622-9878

## DENTAL SURGEONS & ORTHODONTISTS

Name	Address	Phone Number
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### PORT OF SPAIN

Dr N Woon Sam & Association	43-45 Frederick Street Port of Spain	623-2326
Dr Carlyle Russel-Hosein & Ass.	66 Maraval Road Maraval	622-5039
Dr Lorin Paton	145 Tragarete Road St James	622-5806
Dr Tara Pollonais	2 Ana Street Woodbrook (Fridays only)	625-1655
Dr Nandalal Dharrie Maharaj	14 Murray Street Woodbrook	625-5735
Dr Arlene Wright (Orthodontist)	38 Petra Street Woodbrook	625-6784 627-3244
Cosheb Professional Serv. Ltd.	#1 Hamilton Street Woodbrook	622-5662
Dr Sastri Harnarayan (Orthodontist)	2 Ana Street Woodbrook	625-0643
Dr. Alida Jagdeo	Smile Works Suite 103 Precision Place 43-45 Woodford Street Port of Spain	622-6893

## **SAN JUAN**

Dr. Caroline Singh	Miles of Smiles Dental Surgery Ltd No. 91 El Socorro Road San Juan	674-4144
Dr. Clint Coolman	Aranguez Dental Clinic 126A Aranguez Main Road Aranguez	638-3384

## **CUREPE**

Dr Christopher Mawer	Dental Suite & Implant Centre Cor. Junction Street & Eastern Main Road	662-7973
Dental Excellence	1 MP Southern Main Road Curepe	645-9064

## **ST AUGUSTINE**

Dr Peter Martin Suite GF1 Emerald Plaza 662-9653  
54-56 Eastern Main Road

Dr Compton Bourne #1A Bryce Terrace 662-9968  
(Orthodontist) St. Augustine

Dr. Nathan Bhagan Apex Dental Ltd. 645-9806  
105 Eastern Main Road

Millennium Dental & Medical No. 2-4 Henry Pierre Terrace 663-1108  
Service St. Augustine

## **CHAGUANAS**

Dr M McGee & Association 14 Endeavour Road 665-5085

Dr Pravin Sharma Dental Centre Clinic 665-6679  
92 Main Road  
Montrose

Dr. Nalini Rampersad Dental Care Today  
86 Edinburgh Village  
Chase Village  
Chaguanas 672-4169

## **CUNUPIA**

Dr. Dion Koonoolal Caribbean Smiles Dental Place 693-0844  
LP No. 254  
Southern Main Road  
Cunupia

## **COUVA**

Dr J.H. Standring & Association Couva Dental Centre 636-8083  
150 Southern Main Road  
Couva

Dr. Roosevelt Rock Quality Dental Care 636-8696  
Juman's Building  
Southern Main Road

## **SAN FERNANDO**

Dr N Souza-Okpofabri & Ass. San Fernando Dental Centre 657-6453  
11A Gordon Street

Tara Pollonais	Carlton Centre Cathay House (Top Floor)	652-7806
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Dr Pravin Sharma	Dental & Implant Centre Gulf View Medical Centre 715-716 Mc Connie Street Gulf View, La Romain	652-2117
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Dr Sastri Harnarayan (Orthodontist)	21 Princes Margaret Street	657-7885
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Dr. Paiman Lalla	Tropical Dental Victoria Nursing Home No. 5 Archibald Street Vistabella	653-0436
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### **PRINCES TOWN**

Dr Adesh Nanan	Nanan's Dental Clinic The Perfect Smile 61 High Street, Princes Town	655-3416
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### **PENAL**

Dr. Surendra Rampersad	The Dental Office Rampersad Plaza Penal Junction Penal	647-3525
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### **AROUCA**

Dr Leslie Liverpool	#67 Eastern Main Road D'abadie	646-8118
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### **SANGRE GRANDE**

Dr Christopher Mawer	Eastern Main Road	668-2083/3384
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Dr Beverly-Anne Callender	Eastern Main Road	668-2083/3384
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### **ARIMA**

Dr Nandalal Dharrie Maharaj	48 Green Street	667-3787
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Dr. Dale Ahyoung	Merit Dental Centre Ltd No. 20 Devenish Street Arima	664-3534 667-7521 Fax
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### **TOBAGO**

Dr Warren Steele	Oracare Dental Centre 32 Wilson Road Scarborough	660-6725
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## SPECIALISTS

Last Name	First Name	Speciality	Address	Phone
Maharaj	Ricky	Cardiologist	<b>Medical Associates</b> Cor Albert & Abercromby Sts St. Joseph	662-2766
Tilluckdharry	Roy	Cardiologist	Cross Crossing Medical Centre, Oliver Ave, Coconut Dr., <b>San Fernando</b>	652-4411
Edwards-Ramoutar	Audrey	Dermatologist	Western Medical Radiology 9 Long Circular Rd	622-4113
Edwards-Ramoutar	Audrey	Dermatologist	<b>St. James</b> 76 Eastern Main Road <b>San Juan</b>	628-7802
Henry	Judith	Gastroenterologist	31, Gordon St., <b>Port of Spain</b>	625-3445
Smith	Steve	Gastroenterologist	15 Carib St. <b>San Fernando</b>	657-2635
Ariyanayagam	Denaesh	General Surgeon	St. Augustine Private Hospital 4 Austin Street <b>St. Augustine</b>	662-7777 662-5555
Fung Kee Fung	Kieron	General Surgeon	7 Fitz Blackman Drive <b>Woodbrook</b>	623-0401
Thomas	Dexter	General Surgeon	239 Western Main Rd <b>West Shore Medical Hospital</b> <b>Cocorite</b>	622-9376 628-5910
Thomas	Dexter	General Surgeon	Paradise Place 12 Eastern Main Rd <b>Tacarigua</b>	640-6582

Maharaj	Ravi	General/Surgical Oncology	St. Augustine Private Hospital 4 Austin Street St Augustine 662-7777 663-7274 Ext 3700
Maharaj	Ravi	General/Surgical Oncology	Medical Associates Limited Cor Albert & Abercromby St St. Joseph 662-6566 662-2766 Ext 2312
Mathura	Ramesh	Haematologist	27 Ramsaran St 671-8251 <b>Chaguanas</b> (Borde)662-3377
Ramdial	Samuel	Internal Medicine	Southern Specialist Clinic 26 Quenca Streets 652-2982 <b>San Fernando</b>
Bhagwandass	Andy	Internist	91 Eastern Mn. Rd 645-6437 <b>St Augustine</b> 645-2423 #1 Adam Smith Sq 625-6783 <b>Port of Spain</b> 624-4963/8381
Dan	Dilip V.	Laposcopic Surgeon	Surgi-Medical Clinic 652-4958 Chacon & Penitence St <b>San Fernando</b> /0383/2197
Adam	Rasheed	Neurosurgeon	The Surgi-Med 653-4585 Clinic 652-2197 Chacon & Penitence Streets <b>San Fernando</b>
Adam	Rasheed	Neurosurgeon	121 Western Main Road St. James 622-6023
Adam	Rasheed	Neurosurgeon	Suite 12, Triangle Building 34 Carrington Street Scarborough <b>Tobago</b>
Bedaysie	Henry	Neurosurgeon	c/o Westshore Medical Centre 239 Western Main Road 622-9878 <b>Cocorite.</b>
Ali	Afraz	Obs&Gyn	4 Austin Street 662-7777 St. Augustine Private Hospital <b>St. Augustine</b>
Ali	Jehan	Obs & Gyn	26 Quenca Street 652-9673 <b>San Fernando</b>

Ali	S. D. (David)	<b>Obs&amp;Gyn</b>	<b>Gulf View Medical</b> 652-7154 715-718 Mc Connie St. Gulf View, La Romain <b>San Fernando</b>
Bodoe	Lackram	Obs&Gyn	Gulf View Medical 652-7154 657-3453 715-718 Mc Connie St. Gulf View, La Romain <b>San Fernando</b>
Brewster	Earl	Obs&Gyn	84 Maraval Rd 622-2979 Newtown, <b>Port of Spain</b>
Jibodh	Rawle	Obs&Gyn	8 Austin Street 663-6593 <b>St. Augustine</b>
Kaloo-Deyalsingh	Sherene	Obs&Gyn	MTS Plaza 674-1457 11 Aranguéz Main Road <b>San Juan</b>
Kaloo-Deyalsingh	Sherene	Obs&Gyn	St. Augustine Private Hospital 4 Austin Street St. Augustine 674-1457
Morris	Peter	Obs&Gyn	102 Independence Ave <b>San Fernando</b> 657-8906 652-5636
Suratsingh	Jagdis	Obs&Gyn	St. Augustine 662-7777 Private Hospital 662-5555 4, Austin Street <b>St. Augustine</b>
Wheeler	Victor	Obs&Gyn	Triangle Building 660-7382 34 Carrington Street Scarborough, <b>Tobago</b>
Daniell	Marcus	Oral & Maxillofacial Surgeon	84 Roberts Street 628-3223 Woodbrook <b>Port of Spain</b>
Gentle	Peter	Orthopaedic Surgeon	Victoria Medical 653-4585 Services 5 Archibald St. <b>San Fernando</b>
Mahabir	Boysie	Ophthalmologist	Level 4, 622-0000 Long Circular Mall <b>St. James</b>

Mahabir	Boysie	Ophthalmologist	16-18 Eastern Main Rd 663-9842 <b>Tunapuna</b>
Mahabir	Boysie	Ophthalmologist	Carlton Centre 657-2879 <b>San Fernando</b>
Mahabir	Anirudh	Ophthalmologist	Surgi Med Clinic 652-4958 Chacon & Penitence Streets <b>San Fernando</b>
Medford	Steve	Otolaryngologist	Gulf View Medical 652-7102 Centre 715-716 Mc Connie Street Gulf View <b>La Romain</b>
Trinidad	Austin	Otolaryngologist	Surgi Med Clinic 652-4958 Chacon & Penitence Streets <b>San Fernando</b>
Minocha	Umang	Paediatrician	Gulf View Medical 652-7102 715-718 Mc Connie St. Gulf View, La Romain <b>San Fernando</b>
Minocha	Umang	Paediatrician	Victoria Medical Office (Next to) Victoria Nursing Home <b>Vistabella</b> 653-4585
Mohammed	Isahak	Paediatrician	Southern Specialist Clinic 26 Quenca Streets 652-2348 <b>San Fernando</b>
Murphy	Alison	Paediatrician	3 Adam-Smith Sq. 625-6060 Woodbrook <b>Port of Spain</b>
Stewart	Vanessa	Paediatrician	30 Luis Street 624-8394 Woodbrook <b>Port of Spain</b>
Warris	Haffiz	Paediatrician	St. Augustine 662-5555 Private Hospital 662-7777 4 Austin Street, <b>St. Augustine</b>
Thomas	Rose Marie	Paediatrician	Frontier Kids Care #23 Mc Donald Place Cor. Phillip & Mc Donald Streets Curepe 645-9605

Parag	Rajindra	Paediatrician	Gulf View Medical Centre 652-7102 # 715-716 Mc Connie St. Gulf View <b>La Romain</b>
Alexander	Diane	Pediatric Cardiologist	74-76 Dundonald Street <b>Port of Spain</b> 625-9007
Reid	Sandra	Psychiatrist	144 Eastern Main Road 638-4748 Petit Bourg
Mor	Dinesh	Radiology	Doctor's Radiology Centre 70 Pembroke St 625-4366/ <b>Port of Spain</b> 627-4562
Ayoung Chee	Wilson	Urologist	St. Clair Medical 622-2358 Centre, 628-1451 18 Elizabeth St, 680-9406 <b>St. Clair</b>
Ayoung Chee	Philip	Urologist	Surgi-Medical Clinic 652-4958 Chacon & Penitence Street <b>San Fernando</b> /0383/2197
Goetz	Lester	Urologist	Gulf View Medical 652-7102 Centre, Gulf View Link Rd <b>San Fernando</b>  Medical Associates 662-2766 Cor. Albert & Abercromby Sts. <b>St. Joseph</b>
Niles	Brian	Urologist	116 Roberts Street 628-8080 <b>Woodbrook</b>
Niles	Brian	Urologist	Tobago Urology Clinic Community Hospital Scarborough <b>Tobago</b> , 639-1115
Sawh	Lal	Urologist	Southern Medical 657-7294 Clinic, 26-34, Quenca St. <b>San Fernando</b>
Sawh	Lal	Urologist	Goodhealth Medical Centre 623-7294 7 Fitz Blackman Dr 625-7294 Woodbrook, <b>Port of Spain</b>

# General Practitioners

## Port of Spain

Telemaque	Michael	G.P	37 Long Circular Rd, St. James	622-9376
De Souza	Richard	G.P	130 Diego Martin Main. Rd., Diego Martin	632-2909
Robertson	Jill	G.P	8 Saddle Road Maraval Cor. Scott Drive.	628-0106
Pooran	Renata	G.P.	23, Lucknow Street St. James	622-7032
Girod	Everard	G.P	8 Saddle Road Maraval	628-3362
Young Pong	Oliver	G.P	11 Long Circular Road St James	622-4113 628-7802

## San Fernando

Ramsaran-Deonarine	Renuka	G.P	17-19, Court Street,	657-5251
Gobin	Ronald	G.P	416 Southern Mn. Rd., La Romain, San Fernando	652-9193
Hosein	Peter	G.P	1 Point A Pierre Rd.,	652-4378
Moonan	Sankar	G.P	42 Royal Rd,	652-3664
Mootoo	Romesh	G.P	Medical Centre, 7 Keate St.	652-7144
Imambaksh	Keith	G.P	Gordon Street Family Care Clinic 29 Independence Avenue San Fernando	657-1607

## Sangre Grande

Paltoo	Cyril	G.P	Savi Street, Boodooville.	668-4532
Tantoco	Roxanne	G.P	Brierley St.,	668-3693

## **St. Augustine/Tunapuna**

Rattan	Dipchand	G.P	93 Eastern Main Rd.,	662-4528
Robinson	Sonia	G.P	Mc Carty & Warner Sts,	645-4874
Bissessar	Paul	G.P	1 Balthazar St., Tunapuna	662-5476
Gyan-Tota-Maharaj	Vidhya	G.P	268 Eastern Main Rd. El Dorado.	662-8819
Tilluckdharry	Clive	G.P	91 Eastern Main Rd.	645-2423
Ali	Dalton	G.P	2 <sup>nd</sup> Floor, 213, Eastern Mn Rd	640-7221
Harrysingh	Mahase	G.P	#133 Eastern Mn Rd	640-3867

## **Curepe**

Mohammed	Wahid	G.P	11 Eastern Main Rd	663-8946
Akal	Mel	G.P	118 Southern Main Rd.	663-1459

## **San Juan**

Deyalsingh	Varma	G.P	M. T. S. Plaza Plaza Aranguez	674-1457
Tewari	Gautam	G.P	El Socorro Rd.,	675-3811
Inalsingh	Calvin	G.P	49 Eastern Mn Rd. Petit Bourg	638-1733
Singh	Neil	G.P	Cor. Mohammed Ville & El Socorro Road, San Juan	674-5746

## **Arima**

Franklyn-Frederick	Martha	G.P	20 Devenish Rd.,	667-2371
Lodenquai	Joyce	G.P	31 Sorzano St.,	667-3383

Ramcharan	Lloyd	G.P	15 El Carmen St.,	667-3132
Craig	Garthlyn	G.P	4 La Resource Rd D'abadie	642-3846
Inalsingh	Calvin	G.P	6 John Shaw Avenue	667-3844

### **Chaguanas**

Daniel	Ivan	G.P	33 Ramsaran Rd. Ramsaran Park,	665-5764
Patel	Mahesh K.	G.P	Main Rd. Montrose Junction, Montrose.	665-8050
Rocke	Selwyn	G.P	27 De Verteuil St.,	665-6593
Ali	Omar	G.P	Main Road, Montrose	665-7108
Badri-Maharaj	Krishna	G.P	L.P. 202, Montrose	665-5276

### **Southern Areas**

Israel	Mohammed	G.P	#28 Church Street Point Fortin	648-1429
Ragoonan	Deodath	G.P	29 De Gannes Lane, Siparia	649-0122
Maharaj	Marvindra	G.P.	1071 SS Erin Road Boodoo Trace, Penal	647-1646

### **Princes Town**

Silochan	Keith	G.P	100 High Street,	655-0311
Harrinanan	Roopnarine	G.P	Princes Town Medical Centre High Street	655-3576

### **Barrackpore**

Kumar	Y. Mahesh	G.P.	Barrackpore Medical Centre 727 Papourie Road Barrackpore	654-5022
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## **Rio Claro**

Rampaul	Maniram	G.P	High Street,	644-2280
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## **Tobago**

Kumar	Sandeep	G.P	Rockley Vale Scarborough	639-3157
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Maxwell	Adeyemi	G.P	Bacolet Street Scarborough	639-1848
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## **Listing of Laboratories**

### **Port of Spain**

<b>Address</b>	<b>Phone No.</b>
Victoria Laboratories Ltd. 64 Pembroke St., Port of Spain	625-8493
Dr. Bal Ramsaran St. Clair Medical Centre Elizabeth St. & St. Clair Ave.	628-2855
Medical Diagnostic Technologies Ltd. X-Ray Department Specialist Centre 74-76 Dundonald St	625-9729
Medical Diagnostic Technologies Ltd. Medical & Dental Clinics 70 Dundonald St.	627-7226
Doctors' Radiology Centre 70 Pembroke Street Port of Spain	625-4366/627-4562
Renand Limited #23 Lucknow Street St James	622-7032
Bio-Medical Laboratory #9 Long Circular Road St James	622-8450
St Clair MRI Centre 11 Havelock Street St Clair	628-9780 628-7157

## **St. Augustine**

St. Augustine Radiology Service Limited 4 Austin Street  
St. Augustine 663-7274

## **St. Joseph**

Dr. Bal Ramsaran Mik Arl Building  
143 Eastern Mn. Rd. 663-2387  
St. Augustine (fax) 662-2802

## **Curepe**

Curepe Medical Laboratory Services Limited 11 Eastern Main Road  
Curepe 662-1217

## **Tacarigua**

Medical Diagnostic Technologies Ltd. X-Ray Department  
Rickhi Plaza 640-9729

## **Arima**

Arima Diagnostic Clinic 25 Hollis Street  
Arima 664-3850/3519

Dr. Bal Ramsaran 31 Sorzano St. 667-3048

See Through Limited 21 Woodford St., 667-1181

## **San Fernando**

Southern Medical Services Company Limited 26-34 Quenca Street  
San Fernando 652-2078

Victoria Laboratories Ltd. 9-13 Archibald St.  
Vistabella 652-4583/4579  
657-0761 (fax)

Victoria Occupational Health & Wellness Centre 9-13 Archibald St  
Vistabella 652-4579  
652-4583

Lab Medica Services Cor St James St & Point a Pierre Rd  
San Fernando 652-4947

## **Gasparillo**

Gasparillo Diagnostic Centre	7 Harmony Hall Road Gasparillo	650-3722/326/1101
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## **Chaguanas**

Victoria Laboratories Ltd.	14 Endeavour Rd.	665-1928
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Dr. Bal Ramsaran	Main Rd. Montrose	672-2387
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Medical Diagnostic Technologies Ltd.	X-Ray Department, Specialist Centre, 84 Main Road	671-9729
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Hi Tech Medical Laboratory Services Limited	Chaguanas Specialist Centre Main Road	665-2049
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Hi Tech Medical Laboratory Services Limited	Dr Roche's Building 11 De Verteuil Street	671-2919
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## **Couva**

Victoria Laboratories Ltd.	22 Southern Mn. Rd.	636-4567
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Lab Medica Services	Southern Main Rd	636-2621
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## **Pt. Fortin**

Victoria Laboratories Ltd.	8 Guapo Cap De Ville Rd.	648-1862
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Lab Medica Services	Wickham Street	648-1456
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## **Princes Town**

Victoria Laboratories Ltd.	7 Lothians Rd.	655-9932
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## **Tobago**

Scarborough Medical Laboratory	Maharaj Building Main Street Scarborough	639-6256
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## List of Opticians

### **Port of Spain**

Optometrists Today	76 Frederick Street	623-2329
Imperial Optical (Trinidad)	Furness Building 86B Independence Square	623-2179 623-4559
Imperial Optical (Trinidad)	110-112 Frederick Street	623-7080
Imperial Optical (Trinidad) Ltd	55 Dundonald Street	623-6795
Allison's Eye Clinic	18-20 Pembroke Street Port of Spain	627-2554
Ferreira Optical Limited	94A Frederick Street Port of Spain	623-4054 627-3937
Ferreira Optical Limited	Level 1 Long Circular Mall St James	622-8565 622-7040
Value Optical Limited	#41 Frederick Street	627-1000 627-5367
Look Opticians Limited	27 Ariapita Avenue Woodbrook	627-5665

### **St. Anns**

North Shore Optical Studio Limited	#701 Aldegonda Park St. Anns Road St. Anns	621-2331 ph/fax
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### **Valsayn**

Optometrists Today	City of Grand Bazaar Churchill Roosevelt H/way	645-2329
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## **Curepe**

Visual Eyes	Corner Southern Main Road & Valsayn Ave	662-3937 645-3937
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## **Tunapuna**

Absolute Vision Limited	Ground Floor, Auzonville Mall 11 Eastern Main Road Tunapuna	662-0892 ph/fax 796-8281
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## **Chaguanas**

Optometrists Today	Centre City Mall, Main Road	672-2329
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Ferreira Optical Limited	Price Plaza Endeavour Road Chaguanas	665-9573 671-4169
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Value Optical Limited	Mid Centre Mall	672-1080 672-5367
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## **Couva**

Rashmi Mathur Optical Limited	Atlantic Plaza, Point Lisas	679-7877
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Focus Vision Limited	194 Southern Main Road Couva	679-7323
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## **La Romain**

Optometrists Today	Level 1, Gulf City Mall Extension	657-2329
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Ferreira Optical Limited	Gulf City Complex San Fernando	652-6818 652-7986
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## **San Fernando**

Eye Care Specialists	Cathay House Carlton Centre St James Street	657-2879
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Value Optical Limited	#70 High Street	653-1000 653-5367
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Focus Vision	24 A Coffee Street San Fernando	653-6287
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## Princes Town

Value Optical Limited	High Street	655-1080 655-5367
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## Sangre Grande

Imperial Optical (Trinidad) Ltd	Plaza Grande (American Stores) Roundabout Eastern Main Road	668-4281
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Ferreira Optical Limited	LP # 4 River Street Sangre Grande	691-2011 691-5464 Fax
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## Arima

Imperial Optical (Trinidad) Ltd	Cor. Of Green & Cocorite Street	667-2584
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Allison's Eye Clinic	45 Green Street	664-0075
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Ferreira Optical Limited	Shops of Arima 51-59 Tumpuna Road Arima	643-1707 643-5114 Fax
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